

# **NiK(i**

### www.WeAreNikki.com

## NiK(i

## **QUICK START**

Step 1: Download NIKKI connect app via App Store or Play Store.

Step 2: Update your NIKKI wearable with NIKKI Connect app.

- Step 3: Activate your NIKKI wearable with NIKKi Connect app.
- Step 4: Touch Screen to turn NIKKI wearable on.
- Step 5: Swipe screen in either direction to navigate.
- Step 6: Chose preferred Frequency Set by Tapping.
- Step 7: Run each Frequency Set for up to 8 hours.

## WeAreNikki.com



## GET TO KNOW NIKKI

| Quick Start Guide                           | Page 2       |
|---|--------------|
| Meet NIKKI                                  | Page 4-5     |
| Home Screen                                 | Page 6       |
| How to Select & Activate your Frequency Set | Page 7-18    |
| Setup NIKKI Settings                        | Page 19 - 23 |
| About / Friendly ID / Nickname              | Page 24      |
| Shutdown / Turn Off                         | Page 25      |
| To should all Commonster                    |              |

## Technical Support:

Disclaimer / Regulatory Guidelines Page 26-29 Inquiries / Contact Us Page 30



## MEET NIKKI

Your wearable wellness companion.

NIKKI is for all those who want to improve well-being and performance.

NIKKI uses Frequency Sets that are categories of bioenergetic communications delivered via low level LED that may increase overall wellness.



## MEET NIKKI

- FRONT
- 1. Battery Level
- 2. Date
- 3. Time
- 4. Active Frequency Display
- 5. Home Button

## BACK

- 6. Charging Ports 7. Frequency Delivery
- 8. Custom USB Charging Station







## HOME SCREEN

- 1. Tap to Wake.
- 2. Swipe Left: Frequency Activation Menu.
- 3. Swipe Right: Setting Menu.
- 4. Tap to Access: Home Screen.

## NIKKI CONNECT

NIKKI Connect is a companion App for your NIKKI wearable.

## PLAY STORE



## APP STORE











Use Bluetooth.

NIKKI Connect will check Bluetooth status. NIKKI Connect will search for nearby device.



NIKKI Connect will find available NIKKI devices.

Tap on the available NIKKI.

Тар Update NIKKI.

.





Tap **Finish** when the update is done. NIKKI will restart. Connect to charger to power back on.

11:50

Undated Successfully



Search for Nearby NIKKI devices.

www.WeAreNikki.com 10



Find and Tap on your NIKKI device. Enter Activation code found in your purchase email. If you lost your activation code, please email: help@wearenikki.com



#### My Frequency Sets



## DOWNLOAD AND INSTALL

Your Frequency Sets will download and install on you NIKKI device. During this step it is important to keep your phone or tablet close to your NIKKI device.





Connect to your NIKKI via Nikki Connect App. **Tap the 3 dots.** 



Tap Edit Nickname.



Give your NIKKI a name and **tap save.** 



Open your NIKKI. Connect App. Tap the three dots.



Tap Available Devices.



-

NIKKI Connect will search for available devices, connect and follow previous steps.



## FREQUENCY SET ACTIVATION MENU

Swipe up or down to see full list of accessible frequencies.

Tap to select the desired frequency set.

| FREQUENCIES |    |
|-------------|----|
|             |    |
|             |    |
| PAIN        |    |
| SENERGY     |    |
| TRAVEL      |    |
|             |    |
| ALLERGIES   |    |
|             |    |
|             | HA |

## PLAY AND PAUSE FREQUENCY

#### PLAY FREQUENCY



Ready mode. **Tap > Play** to start program.



Active Frequency.

#### PAUSE FREQUENCY



### Frequencies playing. Tap || to Pause.



## FREQUENCY SET INFORMATION

Press i to display the frequency description.

Press X to close the window and return to Frequency Set screen.

Your Frequency Set is displayed.



## NAVIGATING TO HOME SCREEN

ENERGY





Swipe Left for Frequency Menu. Swipe Right for Home Screen.

Swipe Left to Access Settings Menu.

Tap Home Button Anytime to Return to Home Screen.



## SETTINGS MENU

Swipe and scroll vertically through setting options.

Select / edit each setting by tapping on the corresponding icon.



## TIME

Swipe up or down to scroll to the desired **Time.** 

Swipe up or down to select **AM or PM.** 

NIKKI will autosave within two seconds.

Tap the < Arrow at the top left to return to the Settings Menu.



## DATE

Swipe Up or Down to select the desired Date.

NIKKI will autosave within two seconds.

Tap the < Arrow at the top left to return to the Settings Menu.



## BLUETOOTH

Turn Bluetooth **ON** to connect to NIKKI Connect app.



## BRIGHTNESS/NIGHT MODE

Tap Night Mode to have your display dim for nighttime. NIKKI will stay in night mode until the setting is changed.

Brightness level will autosave within two seconds.

Tap the < Arrow at the top left at the screen to return to the Settings Menu.



## ABOUT

Your NIKKI Friendly ID is your personal identifier for warranty and technology upgrades. Displays software version, Hardware version as well as Nickname.

## www.WeAreNikki.com



## SHUTDOWN

Press and hold the **SHUTDOWN** button until bar is fully green then release.

NIKKI will turn off.

To power back on return NIKKI to charger.

Tap the < Arrow at the top left to return to the Settings Menu.

1. Precautions for Use Warning. Children swallowing risk. Children are not allowed to play with the device. Keep children away from the device.

2. Warning, Risk of fire/explosion or chemical burns. This product contains a 230 mAH Lithium Ion battery. Do not remove, disassemble, or throw into fire. Caution, Possible property damage. Do not drop the device and protect it from impact. Do not expose the device to extreme temperatures or extreme temperature fluctuations. Protect the device from direct sunlight and dust. When cleaning, do not use any strong chemical, abrasive or foam cleaning materials. Protect the display from hard objects. Caution. Do not dispose of the device in domestic waste. If you have any questions, please contact your municipal waste disposal authority. Do not dispose of used batteries in domestic waste. Instead, take them to a special waste disposal site or a retailer's battery collection point. Packaging is recyclable or can be recycled into raw materials. Please dispose of unnecessary packing materials properly. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

3. FCC Statement 15 This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radiocommunications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna, – Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help. This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

#### FCC RF exposure statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

4. IC Statement This device contains license-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's license-exempt RSS(s). Operation is subject to the following two conditions: (1) This device may not cause interference; and (2) This device must accept any interference, including interference; and (2) This device must accept any interference, including interference that may cause undesired operation of the device. The term "IC" before the certification/registration number only signifies that the Industry Canada technical specifications.

## PRODUCT DISCLAIMER

No medical claims are made or implied by We Are NIKKI or the use of any of its devices or frequency files. The use of any We Are NIKKI device or associated frequency packages isnot intended to diagnose, cure, prevent, treat or mitigate any medical condition or disease. Always seek professional medical advice for the diagnosis and treatment of any health condition. DO NOT USE We Are NIKKI devices or frequency package(s) and associated files if you are pregnant, trying to get pregnant, suspect you might be pregnant or are lactating. Consult your medical professional before use if you have a serious medical condition including but not limited to: Cancer, Stroke, High Blood Pressure, Seizure disorders etc. All the information expressed herein must be considered theoretical and unproven and for educational purposes only.

Using any We Are NIKKI device and/or frequency package(s) and associated files indicates your consent and agreement to be bound by the terms of this disclaimer. Additionally, said use indicates your consent and agreement to assume risks associated with such use and to hold FREmedica harmless from any liability associated with non-compliance with each term of this disclosure and user's obligations herein.



## NiKKi

## Visit our Website: www.WeAreNikki.com

Contact Us: Hello@WeAreNikki.com

We Are NIKKI 201-895 Station Avenue Victoria, BC V9B 2P2 Canada